CAST builds better lives for North Fork families

It's time for CAST to have





CAST builds a stronger community

CAST is the safety net for our neighbors in need, helping them battle food, shelter, employment and healthcare insecurity with dignity and compassion. We serve a diverse and vulnerable population that includes seniors, veterans, people living with disabilities, single parents, children, the working poor, and people seeking employment. Our goal is to help these individuals and families meet their basic needs and move toward self-sufficiency. The entire North Fork community benefits when everyone has an opportunity to succeed.

The CAST Capital Campaign

Since 1965, CAST has worked from rented spaces with limited facilities to help thousands of families. Providing the services our expanding client base needs has become almost impossible in our current location.

CAST is embarking on a \$3 million Capital Campaign, *Build What Matters*, to purchase a larger, permanent home. Our new facility is essential to meet the growing need for all of CAST's programs and services.



Photo: Ruby Star M

"CAST is a powerful force on the North Fork responding to the needs of the vulnerable and helping families build a better future."

> Kevin O'Connor, CEO Dime Community Bank

Our mission is to promote self-sufficiency and provide a safety net for North Fork residents in need.

Our vision is to build a thriving community where every member is able to build a better future for themselves and their families.

A new Community Resource Center

Centrally located and easily accessible

The North Fork is growing and changing, and CAST is growing and changing with it. In order to continue to provide the essential programs and services that benefit so many in our community, we need additional space and a home of our own.

CAST is in the process of acquiring the former Southold Methodist Church, constructed in 1890 and renovated as the Southold Opera House in 2015. It is an updated property on Main Road, centrally located in the heart of Southold. Public transportation is steps from the building and there is ample parking on-site.

Our purchase of the former Southold Opera House represents the next phase of our development. It is a unique opportunity for CAST to realize its vision to build a thriving community. We will open our doors as the CAST Community Resource Center. Our name will take on new meaning. CAST will become the **Center for Advocacy, Support, and Transformation.**





Your donation to the CAST Capital Campaign will make all this possible:

- **Classroom space** for a multitude of educational programs, including tutoring, job readiness/workforce training, ESL, citizenship and computer classes, and arts education.
- A teaching kitchen for culinary and hospitality training.
- An **auditorium** for performances, lectures, meetings, art shows and fundraisers.
- A **food pantry** where clients can choose their own food.
- A **sharing room** where clients can obtain donated clothing and household items.
- An **intake/interview room** where we can meet with clients privately.
- A **garden** for learning to grow vegetables and to supply our food pantry.
- Indoor and outdoor play areas for children who accompany their parents.

Our services transform lives



CAST is the only agency on the North Fork where underserved residents can come for help with a wide range of issues that impact health, well-being, economic security and overall quality of life. CAST is a one-stop shop for those struggling to make ends meet. We work to transform people's lives by providing them with the resources they need to achieve financial independence.



Food Security & Nutrition

Hunger in this country is not always apparent. Here on the North Fork, food insecurity is invisible. CAST is on the forefront of fighting hunger in our community, offering critical programs to make sure our neighbors are food secure. A larger CAST facility will allow more clients to benefit from our food and nutrition programs, and offer a client-choice food pantry.

Additional room will allow us to expand and improve all of our offerings:

- **Food Pantry** that is open three days a week.
- **Feed-A-Kid** providing breakfast, lunch and snacks during school closures.
- **Farm to Friend** ensuring access to fresh local produce while supporting local farms.
- **Food Rescue** providing additional sources of food from local retailers.
- Mobile Food Pantry reaching people in our community who are isolated due to transportation barriers or health conditions.

on wheels

1,835 unique individuals served in 2020

661
unique households
served in 2020

198,120 meals served in 2020



Client Advocacy & Support

Our current location has no private intake/ interview rooms for client meetings. Our new Community Resource Center will have private areas where staff can meet with clients, fill out forms, and discuss their needs discreetly, providing them with the respect and dignity they deserve.

- Emergency Fund helps clients faced with unexpected emergencies, including assistance with rent, heat, electricity, medical bills, prescription costs, and car repairs.
- We advocate for individuals who are eligible for various benefit programs. We assist in the screening and application process and help with the management of their cases.
- We assist clients with job searches and employment applications and connect them with local businesses who are seeking help through our Workforce Connections Program.

"CAST is a lifesaver. They helped my family and changed my life."

-Denise, Southold

Seasonal Programs

CAST also offers many seasonal programs to accommodate recurring needs. Currently, these programs take place in borrowed spaces around the community. A new home will allow us to bring these important services into one central location so that more clients can participate.

- School Supply Drive
- Thanksgiving Dinners
- Holiday Toy Drive
- Summer Children's Programming
- Free Tax Preparation



Build What Matters: self-sufficiency and dignity CASTsoutholdtown.org/capitalcampaign/

CAST offers educational opportunities

CAST is committed to expanding educational opportunities for everyone, ranging from pre-school children to adults. Our local economy is based on tourism, hospitality and agriculture. Preparing young people and adults for jobs in these industries helps business owners and our economy. A stable, trained labor force strengthens local businesses and adds to the appeal of the North Fork.

Partnering with our neighbors, CAST currently offers many education programs, including:

- North Fork ParentChild+ Program home visiting early literacy and parent support program for at-risk children 18 months to 4 years.
- **School-Age Tutoring** individual help for younger students.
- Adult Ed Programs including ESL, citizenship, computer, healthcare and job training.
- North Fork Culinary Program for high school students not planning to attend college and for adults who want to enter the restaurant/ hospitality industry.
- Engage, Educate & Empower Workshops
 monthly workshops on job readiness,
 budgeting/personal finance, domestic violence,
 immigration, nutrition, planting & herbs,
 canning & preserving, and more.

"The CAST North Fork Culinary Program is an important program focusing resources where we need them the most. It strengthens our community and builds towards the future. The program provides opportunity while celebrating food."

Chef Stephan Bogardus



Support a vital community effort

"CAST has been and continues to be a vital resource to our community. Not only has CAST strengthened the support for our most vulnerable neighbors and working families, they continue to build a path for self sufficiency and independent strength of those in need. The BID recognizes the critical importance that CAST has in our community by allowing those that it serves to survive and thrive to their fullest potential. It is an organization that merits everyone's greatest support."

Richard a Vandenburgh President of Greenport Village Business Improvement District Co-Founder of Greenport Harbor Brewery

> "CAST is an anchor for those in need on the North Fork. Its clients benefit from a multi-faceted approach to addressing complex community challenges. All For The East End (AFTEE) has been a proud supporter of CAST and will continue to provide support as they make a difference everyday in the lives of North Fork families."

> > Claudia Pilato, Board President, All For the East End



"CAST has been there for me in the most important events of my life, one of them was getting my US citizenship. With their program and encouragement I was able to succeed. Thank you CAST for all your support!

Danny, Greenport resident

"CAST has provided invaluable support to ensure we have heat and nutritious food delivered to us when needed as well as helping us find a home health aide to care for my wife who is disabled. We have always been treated with dignity and compassion."

Bruce, Greenport resident

Let's *Build What Matters* together!

The CAST Center for Advocacy,
Support, and Transformation

What happens now depends on you. Please donate today!

CASTsoutholdtown.org/capitalcampaign/

Please join us to Build What Matters

Together, we can open new doors and change lives

CAST helps people of all ages, abilities and backgrounds with a wide variety of needs. Many of our clients are the invisible thread that holds the North Fork together. They are the residents who help make up the fabric of our community—they strengthen our local economy and contribute to the way of life so many of us enjoy. We need a dependable labor force for both businesses and homeowners—a community prospers when all its members are successful.

Our new home, the former Southold Opera House, will ensure that CAST continues to be a safety net on the North Fork, now and for generations to come. As an added benefit to our community, this historic building will continue to nurture the arts by hosting performances and community events.

Your support for the Capital Campaign will improve the lives of individuals across the community, ultimately benefiting businesses, schools, organizations, and farms across the North Fork.

> "CAST is a critical member of the North Fork community and has met head-on the growing demand for its services despite the challenging environment. Bank of America is proud of our longstanding partnership with CAST, which has included funding and leadership training, all helping them get to this pivotal moment of growth."

> > Bob Isaksen, Bank of America Long Island President









Center for Advocacy, Support & Transformation

PO Box 159 Greenport, New York 11944 631-477-1717

CASTsoutholdtown.org/capitalcampaign





Let's Build What Matters together!

The CAST Center for Advocacy. **Support, and Transformation**

What happens now depends on you. Please donate today!

Online: CASTsoutholdtown.org/capitalcampaign

Checks: Please make payable to:

CAST Capital Campaign Mail to Cathy A. Demeroto, Build What Matters Campaign, P.O. Box 159, Greenport, NY 11944

Pledges: Contact Cathy A. Demeroto, 631-477-1717

CAST is a 501(c)(3) non-profit organization, ID # EIN: 11-2129868. All contributions are tax deductible as allowable by law.